

In just 4 two-hour sessions  
gain the advantage of:

~**Top level skill and tactical  
instruction**

~**Coaches with proven teaching  
abilities**

~**Scrimmages with immediate  
coaching feedback**

~**Step-ahead preseason  
preparation**

~**Intensity awards at each session**

**Philosophy:**

The purpose of the camp is to  
provide intermediate and  
advanced players a chance to  
learn the skills and tactics of  
lacrosse while having fun and  
interacting with other players  
with similar abilities.

**Program Content:**

*Ability grouping*

*Skill instruction*

*Team contests*

*Individual tactics*

*Team tactics*

*Small sided games*

*Improvement/intensity awards*

**Dates: 4 Saturdays \***

**January 9**

**January 16**

**January 23**

**January 30**

**\* Snow Date: February 20**

**Times:**

**Advanced 12:30-2:30 p.m.**

**Intermediate 10:00 a.m.-12:00**

**Place: Unionville High School Gym, Route 82,  
Unionville, PA**

**Candidates:**

**Intermediate**— girls in 5<sup>th</sup>-8<sup>th</sup> grade who *have played*  
on recreational league, club, or school teams and want  
to improve for the upcoming season

**\*Advanced**— girls who are ready to compete on  
Varsity level at the high school

\*This level has been changed. Advance grouping will  
have more intense instruction on complex tactics and  
skills.

**Equipment Needed:**

*Indoor athletic shoes*

*Mouth guard*

*Lacrosse stick*

*Eye protection required for all levels*

***REGISTRATION***

To reserve your spot at the camp please send completed  
registration form and make checks payable to:

*Wendy Landry  
100 Garnet Lane  
Coatesville, PA 19320*

*610-952-0371  
[letsplaylax@verizon.net](mailto:letsplaylax@verizon.net)*

***Session Selection***

**Cost: \$120 after 12/30 \$150**

Intermediate  Advanced\*

**Please fill out completely**

**US Lax Member #** \_\_\_\_\_

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State & Zip** \_\_\_\_\_

**Home Phone** \_\_\_\_\_

**Cell Phone** \_\_\_\_\_

**E-Mail** \_\_\_\_\_

**Date of Birth** \_\_\_\_\_

**Position** \_\_\_\_\_

**Years of Experience** \_\_\_\_\_

**School** \_\_\_\_\_

**Grade** \_\_\_\_\_

WAIVER – I hereby release and discharge Let's Play Lacrosse,  
its agents, employees, staff members, directors, facilities, and  
officers from any and all claims, responsibilities or liabilities for  
any injuries or harm incurred as a result of my child,

\_\_\_\_\_ 's participation in the Let's  
Play Lacrosse Camp. I understand and recognize such risk and  
authorize directors to take whatever action is necessary in their  
best interest, in an emergency and I hereby release and discharge  
Let's Play Lacrosse Camp from any responsibility or liability  
related thereto.

**Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_



### **Camp Director and Staff**

Wendy Landry is the Unionville High School Varsity Girls Lacrosse Coach. She has been coaching lacrosse at Unionville since 1994 and was named Coach of the Year in 2008 and 2009. In addition to coaching, Wendy Landry is a math teacher at the Charles F. Patton Middle School. Other staff will include Varsity level coaches from area Chesmont Schools.

Staff members are not only excellent players and coaches, but they are exceptional and proven teachers as well. Their dynamic instruction will not only improve each camper's skills and knowledge of the game, but will also provide an atmosphere of instruction which motivates and encourages the participants.



*Wendy Landry  
100 Garnet Lane  
Coatesville, PA 19320*

# **Let's Play Lacrosse Camp WINTER 2010**



## **GAIN THE ADVANTAGE!**

**@ Unionville High School**

**760 Unionville Road**

**Kennett Square, PA 19348**

**<http://www.ucfsd.org/girlslax/>**