

CALORIES

Grades K-8

333

Grades 9-12

393

PROTEIN

Grades K-8

14.7g

Grades 9-12

19.2g

CARBS

Grades K-8

36.68g

Grades 9-12

40.68g

Crunchy Chicken Salad

Fresh Garden Salad with Cherry Tomatoes and Cucumbers topped with Popcorn Chicken

Allergens:



DAIRY



EGGS



SOY



WHEAT

CALORIES

Grades K-8

402

Grades 9-12

493

PROTEIN

Grades K-8

21.2 g

Grades 9-12

28.3 g

CARBS

Grades K-8

37.0 g

Grades 9-12

38.0 g

Pizza Fun Lunch

Flatbread, Pizza Sauce & Mozzarella Cheese
ready to create mini pizzas!

Allergens:



DAIRY



WHEAT



SOY



CALORIES

Grades K-8

305

Grades 9-12

390

PROTEIN

Grades K-8

16.5 g

Grades 9-12

22 g

CARBS

Grades K-8

34.5 g

Grades 9-12

37 g

Ham & Cheese on Pretzel Roll

Whole Grain Pretzel Roll adds to the classic taste of Ham and Cheese.

Allergens:



DAIRY



WHEAT



SOY



CALORIES

Grades K-8

340

Grades 9-12

363

PROTEIN

Grades K-8

24 g

Grades 9-12

28.7 g

CARBS

Grades K-8

33.3 g

Grades 9-12

34.1 g

Turkey & Cheese on Pretzel Roll

Turkey and Cheese on Whole Grain Pretzel Roll
for a great tasting sandwich!

Allergens:



DAIRY



WHEAT



SOY



CALORIES

Grades K-8

379

Grades 9-12

469

PROTEIN

Grades K-8

12.9g

Grades 9-12

15.9g

CARBS

Grades K-8

67.0g

Grades 9-12

86.0g

Yogurt Fun Lunch

Yogurt Fun Lunch includes:

Cinnamon Toast Crunch Cereal, Non-fat Vanilla Yogurt & Mozzarella Cheese Stick

Allergens:



DAIRY



WHEAT



SOY

CALORIES

Grades K-8

402

Grades 9-12

492

PROTEIN

Grades K-8

14.5g

Grades 9-12

17.5g

CARBS

Grades K-8

52.9g

Grades 9-12

66.9g

Hummus Pack

Roasted Red Pepper Hummus with
Fresh Baby Carrots and Flatbread.



Allergens:



DAIRY



WHEAT



SOY